

Prevention & Peak Performance

Two Consultations with Dr. Blum
 Nutrition Visit
 Mind-Body Visit \$ 770

PLUS Organic Acid Testing \$ 950

OR Go For It! ION Panel includes: Organic acids, amino acids, essential fatty acids, food allergy, nutrient and toxic elements, CQ10 and vitamin profile, lipid peroxides, Homocysteine, food antibodies. \$1550

Weight Management

Two Consultations with Dr. Blum
 Four Nutrition Visits
 Mind-Body Visit \$ 990

PLUS Adrenal and Food Allergy Testing \$1300

Fatigue and Stress Buster

Two Consultations with Dr. Blum
 Nutrition Visit
 Three Mind-Body Visits \$ 990

PLUS Adrenal and Organic Acid Testing \$1350

Women's Health and Hormone Balancing

Two Consultations with Dr. Blum
 Nutrition Visit
 Mind-Body Visit \$ 775

PLUS Adrenal, Estrogen Metabolism, and Organic Acid Testing \$1200

Optimal Digestion and Bowel Health

Two Consultations with Dr. Blum
 Two Nutrition Visits
 Biofeedback Session \$ 840

PLUS Adrenal and Organic Acid Testing \$1190

Cancer Prevention and Restoration

Two Consultations with Dr. Blum
 Two Nutrition Visits
 Two Mind-Body Visits \$ 970

PLUS Organic Acid and Estrogen Metabolism Testing \$1275

Detox Intensive: 3 Week Program

Two Nutrition Visits
 Cleansing Diet
 Detox Shakes and Supplements Included \$ 395

Medical Consultation

Initial Consultation	<i>90 minutes</i>	\$ 400
Follow-Up Visit		\$ 250

Nutrition Consultation

	<i>45 minutes</i>	\$ 95
Package of 4		\$ 350

Mind-Body Consultation

	<i>90 minutes</i>	\$ 120
Package of 4		\$ 430

Reiki

	<i>90 minutes</i>	\$ 120
Package of 4		\$ 430

Biofeedback

	<i>45 minutes</i>	\$ 95
Package of 4		\$ 340

Acupuncture

Initial Visit	<i>90 minutes</i>	\$ 150
Follow-Up Visit		\$ 90

Stress Mind-Body Workshop

8-Week Mind-Body Group Course		\$ 600
Individual Evening Session		\$ 40

Healthy Eating Workshop

Per Session		\$ 25
Series of 4		\$ 80



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